

# Mental Health Resources

If you or someone you know are at immediate risk of harm, please call 911 or visit the closest emergency room.

---

## LOCAL CRISIS SUPPORT SERVICES

### CHARLESTON/DORCHESTER DEPARTMENT OF MENTAL HEALTH

#### Assessment/Mobile Crisis

Emergency psychiatric and crisis intervention, 24/7, serving both Charleston and Dorchester Counties.

Ph: 843-414-2350 or 1-800-613-8379

#### Psychiatric Urgent Care Clinic

Same day psychiatric assessment, MD consultation, and therapy services as needed (available on weekends). This service is available for both counties but is located at the Charleston Clinic.

Ph: 843-414-2350

<https://www.charlestondorchestermhc.org/about/dorchester-clinic/>

### BERKELEY COMMUNITY MENTAL HEALTH CENTER

Mobile Crisis Line: 843-761-8282 ext. 5

Mobile Crisis Line (after hours): 1-833-364-2274

Phone: 843-761-8282 or 1-888-202-1381

<https://www.berkeleymentalhealth.org/>

### SOUTH CAROLINA 24/7 SUPPORT

SC Department of Mental Health & Substance Abuse Services:

SC Mobile Crisis Line: 1 (833) 364-2274

<https://988sc.org/>

<https://osp.scdmh.org/get-help/>

## DOMESTIC VIOLENCE RESOURCES AND SUPPORT

If you or someone you know and love is being abused and would like help, please contact any of the following numbers: 911; 24 Hours Crisis Hotline 1-800-273-4673;

**My Sister's House Crisis Line:** 843-744-3242 or email [hope@mysistershouse.com](mailto:hope@mysistershouse.com).

**The National Domestic Violence Hotline** at 1-800-799-7233 (SAFE) or 1-800-787-3224. Advocates are available in more than 200 languages. Your call will be anonymous, free, confidential, and help is available 24/7.

**Teen Dating Violence:** 1-866-331-9474; Text: LOVEIS to 22522; or email [www.loveisrespect.org](http://www.loveisrespect.org)

**PAR (People Against Rape):** hotline (843)-745-0144

**National Sexual Assault Hotline:** 1-800-656-4673 (Available 24 hours)

## DRUG AND ALCOHOL RESOURCES

### **DORCHESTER ALCOHOL AND DRUG COMMISSION**

843-871-4790; <https://www.dadc.org/contact-us/>

### **KENNEDY CENTER**

843-761- 8272; <https://www.ekcenter.org/contact-us/>

## INPATIENT, PARTIAL HOSPITALIZATION & INTENSIVE OUTPATIENT

*\*These organizations offer confidential, no-cost assessments 24/7 for adolescents (12-17), adults and geriatric patients. Services include inpatient, partial hospitalization, and intensive outpatient. These organizations will work with your current care team to coordinate aftercare services as well.*

### **PALMETTO LOWCOUNTRY BEHAVIORAL HEALTH\***

2777 Speissegger Drive

North Charleston, SC 29405

Phone: 843-747-5830

Toll-Free: 877-947-3223

<https://palmettobehavioralhealth.com/>

### **LIVE OAK MENTAL HEALTH AND WELLNESS\***

3445 Ingleside Blvd.

Ladson, SC 29456

General Information: (843) 797-4200

Behavioral Health Specialist: (843) 797-4245

<https://tridenthealthsystem.com/locations/live-oak-mental-health-and-wellness/>

### **EMERGENCY ROOM SERVICES MUSC HEALTH INSTITUTE OF PSYCHIATRY**

67 President Street

Charleston, SC 29425

843-792-9888

<https://muschealth.org/medical-services/psychiatry>

## ADDITIONAL CRISIS SUPPORT

### **NATIONAL SUICIDE PREVENTION LIFELINE**

Call or text toll-free at 988. To chat go to [988lifeline.org/chat/](https://988lifeline.org/chat/)

**Crisis Text Line:** Text HOME to 741741

**The Trevor Project Lifeline for LGBTQ+ youth:** (866) 488-7386 or chat online by going to [www.thetrevorproject.org/get-help/](https://www.thetrevorproject.org/get-help/)

**Trans Lifeline:** Call (844) 565-8860 or go to [translifeline.org](https://translifeline.org)

**Teen Dating Violence:** 1 (866) 331-9474, Text: LOVEIS to 22522

**Need Help Getting Connected with Resources? Call 211 or** <https://www.211.org/>

## COUNSELING AND THERAPY SERVICES

### **Lewis Counseling Group**

Vivian Lewis, LPCA (Telehealth available)  
[www.lewis-counseling-group.com](http://www.lewis-counseling-group.com)  
[vivian@lewis-counseling-group.com](mailto:vivian@lewis-counseling-group.com)  
843-259-2876

### **Zenzone Health**

500 Oakbrook Lane Suite 201  
Summerville, SC 29485  
(843) 970-0285  
[info@zenzonehealth.com](mailto:info@zenzonehealth.com)

### **Liminal Wellness Co**

Taylor Blackburn (Telehealth & evening/weekend availability)  
<https://www.liminalwellco.com>  
843-259-2151  
[tblackburn@liminalwellco.com](mailto:tblackburn@liminalwellco.com)

### **Tidal Shift Counseling, LLC**

1101 Old Trolley Road, Suite 400  
Summerville, SC 29485  
843-212-6802  
[jordan@tidalshiftcounseling.com](mailto:jordan@tidalshiftcounseling.com)

### **Lowcountry Therapy**

Jamie Kierpiec  
504 West 5th North Street  
Summerville SC 29485  
[jamie@lowcountrytherapy.com](mailto:jamie@lowcountrytherapy.com)  
<https://www.lowcountrytherapy.com/>

### **Lucinda Tyo, LISW AP/CP**

202 2nd North St.  
Summerville, SC 29483  
843-478-8962

### **Summerville Psychiatric Associates, LLC**

Madison Farrell, PhD, LLC, Christina Rielsing, LPC  
709 Old Trolley Rd  
Summerville, SC 29485  
843-900-6767

### **Charleston Counseling Center**

314 W 4th N Street  
843-501-1099

### **Above it All Counseling Group**

218 Brighton Park Blvd. Suite 102  
Summerville, SC 29486  
(843) 425-2116, (843) 647-6654  
[info@aboveitallcounseling.com](mailto:info@aboveitallcounseling.com)

### **Ward Lasso Counseling**

27 Gamecock Ave, Suite 202  
Charleston, SC 29407  
843-883-4104  
[www.wardlassocounseling.com](http://www.wardlassocounseling.com)

### **Healing Roots**

200 W 5th North Street  
Summerville, SC 29483  
(843) 695-8865  
[sheriehealingroots@gmail.com](mailto:sheriehealingroots@gmail.com)

---

### **Jaime Gouin**

School Counselor  
[jgouin@pinewoodprep.com](mailto:jgouin@pinewoodprep.com)  
843.873.1643, ext. 2018

### **Brendan Diffley**

Director of Guidance and  
College Counseling  
[bdiffley@pinewoodprep.com](mailto:bdiffley@pinewoodprep.com)  
843.873.1643, ext. 2009